

**Benefits of *La Hawla wala Quwwata illa Billah***  
(لا حول ولا قوة الا بالله)



**Quran**

ما شاء الله لا قوة إلا بالله

*What Allah willed [has occurred]; there is no Power except in Allah. (18:39)*

أن القوة لله جميعا

*All Power belongs to Allah. (2:165)*

ذي قوة عند ذي العرش مكين

*[Who is] Possessed of Power and with the Owner of the Throne, Secure [in position].  
(81:20)*

وهو القوي العزيز

*And He is the Powerful, the Exalted in Might. (42:19)*

إن الله هو الرزاق ذو القوة المتين

*Indeed, it is Allah who is the [continual] Provider, the Firm Possessor of Strength.  
(51:58)*

علمه شديد القوى

*Taught to him by one intense in strength. (53:5)*

فما له من قوة ولا ناصر

*Then man will have no power or any helper. (86:10)*

وإن يمسسك الله بضرٍ فلا كاشف له إلا هو وإن يمسسك بخير فهو على كل شيء قدير

*And if Allah should touch you with adversity, there is no remover of it except Him. And if He touches you with good - then He is over all things competent. (6:17)*

ما يفتح الله للناس من رحمة فلا ممسك لها وما يمسك فلا مرسل له من بعده وهو العزيز الحكيم

*Whatever Allah grants to people of mercy - none can withhold it; and whatever He withholds - none can release it thereafter. And He is the Exalted in Might, the Wise. (35:2)*

## Hadith

1. Abu Huraira (رضي الله عنه) reported Rasulullah (صلى الله عليه وآله وسلم) as saying that

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ دَوَاءٌ مِنْ تِسْعَةِ وَتِسْعِينَ دَاءً أَيْسَرُهَا الْهَمُّ

*"There is no might and no power except in Allah" is a remedy for ninety-nine diseases, the lightest of which is anxiety.*

[\(Mishkat al-Masabih 2320\)](#)

2. Abu Sa'id al-Khudri (رضي الله عنه) narrated that the Messenger of Allah (صلى الله عليه وآله وسلم) said:

الْبَاقِيَاتُ الصَّالِحَاتُ: لَا إِلَهَ إِلَّا اللَّهُ، وَسُبْحَانَ اللَّهِ، وَاللَّهُ أَكْبَرُ، وَالْحَمْدُ لِلَّهِ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*"The lasting good deeds are: (the saying of) 'None has the right to be worshipped except Allah alone, How perfect Allah is and Allah is great and all praise is for Allah, There is no might nor power except with Allah'."*

[\(Bulugh al-Maram Book 16, Hadith 109\)](#)

3. Safwan bin Sulaim (رضي الله عنه) said:

مَا نَهَضَ مَلَكٌ مِنَ الْأَرْضِ حَتَّى قَالَ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

"No angel has risen from the earth until he said: 'There is no might or power except with Allah'."

([Jami` at-Tirmidhi 3582](#))

4. Qais bin Sa`d bin `Ubadah (رضي الله عنه) narrated, that his father offered him to the Prophet (صلى الله عليه وآله وسلم) to serve him. He said: "So the Prophet (صلى الله عليه وآله وسلم) passed by me, and I had just performed Salat, so he poked me with his foot and said:

أَلَا أَدُلُّكَ عَلَى بَابٍ مِنْ أَبْوَابِ الْجَنَّةِ

'Should I not direct you to a gate from the gates of Paradise?'

I said: 'Of course.'

He (صلى الله عليه وآله وسلم) said:

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

'There is no might or power except with Allah'."

([Jami` at-Tirmidhi 3581](#))

5. Abu Musa (رضي الله عنه) reported that he (and his other companions) were climbing upon the hillock along with Allah's Messenger (صلى الله عليه وآله وسلم) and when any person climbed up, he pronounced (loudly): "There is no god but Allah, Allah is the Greatest." Thereupon Allah's Apostle (صلى الله عليه وآله وسلم) said: Verily, you are not supplicating One Who is deaf or absent. He said: Abu Musa or Abdullah b Qais (رضي الله عنه),

أَلَا أَدُلُّكَ عَلَى كَلِمَةٍ مِنْ كُنُزِ الْجَنَّةِ

Should I not direct you to the words (which form) the treasure of Paradise?

I said: Allah's Messenger, what are these?

He said:

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

"There is no might and no power but that of Allah."

([Sahih Muslim 2704c](#))

6. Abu Musa Al-Ash`ari (رضي الله عنه) said: "We were with the Messenger of Allah (صلى الله عليه وآله وسلم) on a military expedition. When we returned, we overlooked Al-Madinah,

and the people were pronouncing the *Takbir*, and they raised their voices with it. The Messenger of Allah (صلى الله عليه وآله وسلم) said: 'Verily, your Lord is not deaf nor absent, [and] He is between you and between the heads of your mounts.' Then he said: 'O `Abdullah bin Qais (رضي الله عنه),

أَلَا أَعْلَمُكَ كَنْزًا مِنْ كُنُوزِ الْجَنَّةِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*Should I not inform you of a treasure from the treasures of Paradise: There is no might or power except by Allah'.*"

([Jami` at-Tirmidhi 3461](#))

7. Abdullah bin Amr (رضي الله عنه) narrated that: the Messenger of Allah (صلى الله عليه وآله وسلم) said:

مَا عَلَى الْأَرْضِ أَحَدٌ يَقُولُ لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ . إِلَّا كُفِّرَتْ عَنْهُ خَطَايَاهُ وَلَوْ كَانَتْ مِثْلَ زَبَدِ الْبَحْرِ

*"There is not anyone upon the earth who says: 'None has the right to be worshipped but Allah, and Allah is the Greatest, and there is no might nor power except by Allah', except that his sins shall be pardoned, even if they were like the foam of the sea."*

([Jami` at-Tirmidhi 3460](#))

8. Narrated Mu'adh ibn Anas (رضي الله عنه): The Prophet (صلى الله عليه وآله وسلم) said: If anyone eats food and then says:

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا الطَّعَامَ وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ

*"Praise be to Allah Who has fed me with this food and provided me with it through no might and power on my part,"*

he will be forgiven his former and later sins.

If anyone puts on a garment and says:

الْحَمْدُ لِلَّهِ الَّذِي كَسَانِي هَذَا الثَّوْبَ وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ

*"Praise be to Allah Who has clothed me with this and provided me with it through no might and power on my part,"*

he will be forgiven his former and later sins.

([Sunan Abi Dawud 4023](#))

9. Narrated Anas ibn Malik (رضي الله عنه): The Prophet (صلى الله عليه وآله وسلم) said: When a man goes out of his house and says:

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*"In the name of Allah, I trust in Allah; there is no might and no power but in Allah,"*

the following will be said to him at that time: "You are guided, defended and protected." The devils will go far from him and another devil will say: How can you deal with a man who has been guided, defended and protected?

([Sunan Abi Dawud 5095](#))

10. Abu Dharr (رضي الله عنه) reported that the Prophet (صلى الله عليه وآله وسلم) said,

أَحَبُّ الْكَلَامِ إِلَى اللَّهِ: سُبْحَانَ اللَّهِ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ، سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

*"The words which Allah loves most are: 'Glory be to Allah who has no partner. His is the Kingdom and praise is His and He has power over all things. There is no power nor strength except by Allah. Glory be to Allah and by His praise.'"*

([Al-Adab Al-Mufrad 638](#))

11. Narrated 'Ubada bin As-Samit (رضي الله عنه): The Prophet (صلى الله عليه وآله وسلم) said: "Whoever gets up at night and says:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. الْحَمْدُ لِلَّهِ، وَسُبْحَانَ اللَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*None has the right to be worshipped but Allah. He is the Only One and has no partners. For Him is the Kingdom and all the praises are due for Him. He is Omnipotent. All the praises are for Allah. All the glories are for Allah. And none has the right to be worshipped but Allah, And Allah is Great And there is neither Might nor Power Except with Allah.*

And then says:

اللَّهُمَّ اغْفِرْ لِي

*O Allah! Forgive me.*

Or invokes (Allah), he will be responded to and if he performs ablution (and prays), his prayer will be accepted."

([Sahih al-Bukhari 1154](#))

12. It was narrated that 'Alqamah bin Waqqas (رضي الله عنه) said: "I was with Mu'awiyah (رضي الله عنه) when the Mu'adhhdhin called the *Adhan*. Muawiyah said what the *Mu'adhhdhin* said, but when he said: '*Hayya 'alas-Salah* (come to prayer),' he said:

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*'There is no power and no strength except with Allah;'*

and when he said: '*Hayya 'alal-Falah* (come to prosperity),'

he said:

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*'There is no power and no strength except with Allah.'*

After that he said what the *Mu'adhhdhin* said, then he said: 'I heard the Messenger of Allah (صلى الله عليه وآله وسلم) saying exactly like that!'

([Sunan an-Nasa'i 677](#))

13. It was narrated that `Uthman bin `Affan (رضي الله عنه) said: The Messenger of Allah (صلى الله عليه وآله وسلم) said: `There is no Muslim who leaves his house, intending to travel or otherwise, and says when leaving:

بِسْمِ اللَّهِ آمَنْتُ بِاللَّهِ اغْتَصَمْتُ بِاللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*'In the Name of Allah, I believe in Allah, I seek the protection of Allah, I put my trust in Allah, there is no strength and no power except with Allah,*

but he will be granted the goodness of that going out, and the evil of that going out will be diverted from him."

([Musnad Ahmad 471](#))

14. It was narrated that Hazim bin Harmalah (رضي الله عنه) said: "I passed by the Prophet (صلى الله عليه وآله وسلم) and he said to me: "O Hazim,

أَكْثِرْ مِنْ قَوْلِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ فَإِنَّهَا مِنْ كُنُوزِ الْجَنَّةِ

*Say often: 'There is no power and no strength except with Allah', for it is one of the treasures of Paradise."*

([Sunan Ibn Majah 3826](#))

15. Abu Umama (رضي الله عنه) said, "We were with the Prophet (صلى الله عليه وآله وسلم) and he made many supplications which we did not remember. We said, 'You make supplications which we do not remember.' He said, 'I will inform you of something which will combine all of them for you:

اللَّهُمَّ إِنَّا نَسْأَلُكَ مِمَّا سَأَلَكَ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، وَنَسْتَعِيذُكَ مِمَّا اسْتَعَاذَكَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، اللَّهُمَّ أَنْتَ الْمُسْتَعَانُ وَعَلَيْكَ الْبَلَاءُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*"O Allah, We ask You for what Your Prophet Muhammad asked You, and we seek refuge with You from what Your Prophet Muhammad sought refuge. O Allah, You are the One to whom one turns for help and You are the One who brings it about. There is no power nor strength except by Allah."*

([Al-Adab Al-Mufrad 679](#))

16. 'Urwah bin 'Amir (رضي الله عنه) said: When talking of omens was mentioned in the presence of the Messenger of Allah (صلى الله عليه وآله وسلم) he said, "The best type of omen is the good omen." He added, "A Muslim should not refrain from anything because of an omen." He (صلى الله عليه وآله وسلم) told them, "When any of you sees anything which he dislikes, he should say:

اللهم لا يأتي بالحسنات إلا أنت، ولا يدفع السيئات إلا أنت، ولا حول ولا قوة إلا بك

*'O Allah! You Alone bring good things; You Alone avert evil things, and there is no might or power but in You.'*

([Riyad as-Salihin 1677](#))

17. Makhul (رضي الله عنه) quoted Abu Huraira (رضي الله عنه) as saying that Rasulullah (صلى الله عليه وآله وسلم) told him to say frequently

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*"There is no might and no power except in God",*

for it is part of the treasure of paradise. Makhul said that if anyone says,

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ وَلَا مَنجَى مِنَ اللَّهِ إِلَّا إِلَيْهِ

*"There is no might and no power except in God and there is no refuge from God except by repairing to Him",*

Allah will remove from him seventy categories of distress, the least of them being poverty.

([Mishkat al-Masabih 2319](#))

18. Abu Zubair (رضي الله عنه) reported: Ibn Zubair (رضي الله عنه) uttered at the end of every prayer after pronouncing salutation (these words)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ لَا إِلَهَ إِلَّا اللَّهُ وَلَا نَعْبُدُ إِلَّا إِيَّاهُ لَهُ النِّعْمَةُ وَلَهُ الْفَضْلُ وَلَهُ الثَّنَاءُ الْحَسَنُ لَا إِلَهَ إِلَّا اللَّهُ مُخْلِصِينَ لَهُ الدِّينَ وَلَوْ كَرِهَ الْكَافِرُونَ

*"There is no god but Allah. He is alone. There is no partner with Him. Sovereignty belongs to Him and He is Potent over everything. There is no might or power except with Allah. There is no god but Allah and we do not worship but Him alone. To Him belong all bounties, to Him belongs all Grace, and to Him is worthy praise accorded. There is no god but Allah, to Whom we are sincere in devotion, even though the unbelievers should disapprove it."*

The narrator said that the Holy Prophet (صلى الله عليه وآله وسلم) uttered it at the end of every (obligatory) prayer.

([Sahih Muslim 594a](#))

19. It was narrated that 'Abdullah ibn Abi Awfa (رضي الله عنه) said: "A man came to the Prophet (صلى الله عليه وآله وسلم) and said: 'I cannot learn anything of the Quran; teach me something that I can say instead of reciting the Quran.' He said: 'Say:

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

*Glory be to Allah, praise be to Allah, there is none worthy of worship except Allah, Allah is Most Great, and there is no power and no strength except with Allah the Exalted and Magnificent '."*

([Sunan an-Nasa'i 924](#), [Bulugh al-Maram Book 2, Hadith 171](#))

20. It was narrated that Ibn `Abbas (رضي الله عنه) said: "When the Messenger of Allah (صلى الله عليه وآله وسلم) prayed *Tahajjud* at night, he would say:

اللَّهُمَّ لَكَ الْحَمْدُ أَنْتَ نُورُ السَّمَوَاتِ وَالْأَرْضِ وَمَنْ فِيهِنَّ وَلَكَ الْحَمْدُ أَنْتَ قَيِّمُ السَّمَوَاتِ وَالْأَرْضِ وَمَنْ فِيهِنَّ وَلَكَ الْحَمْدُ أَنْتَ مَالِكُ السَّمَوَاتِ وَالْأَرْضِ وَمَنْ فِيهِنَّ وَلَكَ الْحَمْدُ أَنْتَ الْحَقُّ وَوَعْدُكَ حَقٌّ وَلِقَاؤُكَ حَقٌّ وَقَوْلُكَ حَقٌّ وَالْجَنَّةُ حَقٌّ وَالنَّارُ حَقٌّ وَالسَّاعَةُ حَقٌّ وَالنَّبِيُّونَ حَقٌّ وَمُحَمَّدٌ حَقٌّ اللَّهُمَّ لَكَ أَسْلَمْتُ وَبِكَ آمَنْتُ



وَعَلَيْكَ تَوَكَّلْتُ وَإِلَيْكَ أَنَبْتُ وَبِكَ خَاصَمْتُ وَإِلَيْكَ حَاكَمْتُ فَاعْفِرْ لِي مَا قَدَّمْتُ  
وَمَا أَخَّرْتُ وَمَا أَسْرَرْتُ وَمَا أَعْلَنْتُ أَنْتَ الْمُقَدِّمُ وَأَنْتَ الْمُؤَخِّرُ لَا إِلَهَ إِلَّا أَنْتَ وَلَا  
إِلَهَ غَيْرُكَ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِكَ

*O Allah, to you is praise, You are the Light of the heavens and the earth, and everyone therein. To You is praise, You are the Sustainer of the heavens and the earth, and everyone therein. To You is praise, You are the Sovereign of the heavens and the earth, and everyone therein. To You is praise, You are the Truth; Your promise is true, the meeting with You is true, Your saying is true, Paradise is true, the Fire is true, the Hour is true, the Prophets are true, and Muhammad (ﷺ) is true. O Allah, to You have I submitted, in You I believe, in You have I put my trust, to You I turn in repentance, by Your help I argue, to You I refer my case, so forgive me for my past and future sins, what I have done in secret and what I have done openly. You are the One Who brings forward and puts back. None has the right to be worshipped but You, and there is none who has the right to be worshipped other than You. And there is no power and no strength except with You."*

([Sunan Ibn Majah 1355](#), [Sunan an-Nasa'i 1619](#))

21. Abu Huraira (رضي الله عنه) reported the Prophet (صلى الله عليه وآله وسلم) as saying, "If anyone goes round the House not talking except to say,

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*'Glory be to Allah; praise be to Allah; there is no god but Allah; Allah is most great; there is no might and no power except in Allah;*

ten evil deeds will be blotted out from him, ten blessings will be recorded for him, and he will be raised ten degrees.

([Mishkat al-Masabih 2591](#))

22. Ibn 'Umar (رضي الله عنه) said:

سُبْحَانَ اللَّهِ هِيَ صَلَاةُ الْخَلَائِقِ وَالْحَمْدُ لِلَّهِ كَلِمَةُ الشُّكْرِ وَلَا إِلَهَ إِلَّا اللَّهُ كَلِمَةُ الْإِخْلَاصِ وَاللَّهُ  
أَكْبَرُ تَمْلَأُ مَا بَيْنَ السَّمَاءِ وَالْأَرْضِ وَإِذَا قَالَ الْعَبْدُ: لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ قَالَ اللَّهُ تَعَالَى:  
أَسْلَمَ عَبْدِي وَاسْتَسَلَّمَ

*"Glory be to Allah" is the prayer of the creatures; "Praise be to Allah" is the word of thanksgiving; "There is no god but Allah" is the sentence which declares belief in Allah's Unity; and "Allah is most great" fills the space between heaven and earth. When a servant says, "There is no might and no power except in Allah", Allah Says, "He has resigned and submitted himself to Me."*

([Mishkat al-Masabih 2322](#))

22. Ibn 'Abbas (رضي الله عنه) reported: The Messenger of Allah (صلى الله عليه وآله وسلم) used to supplicate:

اللهم لك أسلمت، وبك آمنت، وعليك توكلت، وإليك أنبت وبك خاصمت، وإليك حاکمت،  
فاغفر لي ما قدمت، وما أخرت وما أسررت وما أعلنت، أنت المقدم، وأنت المؤخر، لا  
إله إلا أنت ولا حول ولا قوة إلا بالله

*"O Allah! to You I submit, in You I affirm my faith, in You I repose my trust, to You I turn in repentance and with Your Help I contend my adversaries and from You I seek judgement. O Allah! Grant me forgiveness for the faults which I made in past and those ones I may commit in the future, those which I committed secretly or openly. You Alone send whomever You will to Jannah, and You Alone send whomever You will to Hell-fire. There is none worthy of worship except You. There is no strength to resist evil and no power to do good except through Allah."*

([Riyad as-Salihin 1480](#))

23. It was narrated from Abu Hurairah (رضي الله عنه) that the Prophet (صلى الله عليه وآله وسلم) said: "When a man goes out of the door of his house, there are two angels with him who are appointed over him. If he says *Bismillah* (in the Name of Allah) they say: 'You have been guided.' If he says *La hawla wa la quwwata illa billah* (there is no power and no strength except with Allah), they say: 'You are protected.' If he says, *Tawwakaltu 'ala Allah* (I have my trust in Allah), they say: 'You have been taken care of.' Then his two *Qarins* (satans) come to him and they (the two angels) say: 'What do you want with a man who has been guided, protected and taken care of?'"

([Sunan Ibn Majah 3886](#))

24. Narrated Sa'd ibn Abi Waqqas (رضي الله عنه): Once Sa'd, with the Messenger of Allah (صلى الله عليه وآله وسلم), visited a woman in front of whom were some date-stones or pebbles which she was using as a rosary to glorify Allah. He (the Prophet) said: I tell you something which would be easier (or more excellent) for you than that. He said (it consisted of saying):

سُبْحَانَ اللَّهِ عَدَدَ مَا خَلَقَ فِي السَّمَاءِ وَسُبْحَانَ اللَّهِ عَدَدَ مَا خَلَقَ فِي الْأَرْضِ وَسُبْحَانَ اللَّهِ عَدَدَ  
مَا خَلَقَ بَيْنَ ذَلِكَ وَسُبْحَانَ اللَّهِ عَدَدَ مَا هُوَ خَالِقٌ وَاللَّهُ أَكْبَرُ مِثْلُ ذَلِكَ وَالْحَمْدُ لِلَّهِ مِثْلُ ذَلِكَ .  
وَلَا إِلَهَ إِلَّا اللَّهُ مِثْلُ ذَلِكَ . وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ مِثْلُ ذَلِكَ

*"Glory be to Allah" as many times as the number of that which He has created in Heaven; "Glory be to Allah" as many times as the number of that which He has created on Earth; "Glory be to Allah" as many times as the number of that which He has created between them; "Glory be to Allah" as many times as the number of that which He is*

creating; "Allah is most great" a similar number of times; "Praise (be to Allah)" a similar number of times; and "There is no god but Allah" a similar number of times; "There is no might and no power except in Allah" a similar number of times.

([Sunan Abi Dawud 1500](#))

25. Mu'sab bin Sa'd reported on the authority of his father (رضى الله عنهم) that a desert Arab came to Allah's Messenger (صلى الله عليه وآله وسلم) and said to him: Teach me the words which I should (often) utter. He said: Utter,

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ اللَّهُ أَكْبَرُ كَبِيرًا وَالْحَمْدُ لِلَّهِ كَثِيرًا سُبْحَانَ اللَّهِ رَبِّ الْعَالَمِينَ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَزِيزِ الْحَكِيمِ

"There is no god but Allah, the One, having no partner with Him. Allah is the Greatest of the great and all praise is due to Him. Hallowed be Allah, the Lord of the worlds, there is no Might and Power but that of Allah, the All-Powerful and the Wise."

He (that desert Arab) said: These all (glorify) my Lord. But what about me? Thereupon he (the Holy Prophet) said: You should say:

اللَّهُمَّ اغْفِرْ لِي وَارْحَمْنِي وَاهْدِنِي وَارْزُقْنِي وَعَافِنِي

"O Allah, grant me pardon, have mercy upon me, direct me to righteousness and provide me sustenance and grant me safety."

([Sahih Muslim 2696](#))

26. Abu Hirairah (رضي الله عنه) narrated that Rasulullah (صلى الله عليه وآله وسلم) said, "Whoever recites these five phrases in the day or night or month

لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ  
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ  
لَا إِلَهَ إِلَّا اللَّهُ وَلَا شَرِيكَ لَهُ  
لَا إِلَهَ إِلَّا اللَّهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ  
لَا إِلَهَ إِلَّا اللَّهُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*There is none worthy of worship but Allah, Allah is the Most Great.  
None has the right to be worshipped but Allah alone.  
None has the right to be worshipped but Allah alone, Who has no partner.  
There is none worthy of worship but Allah, His is the dominion and His is the praise.  
There is none worthy of worship but Allah, there is no power and no might but by Allah.*

and then died on that day or night or that month, his sin will be forgiven.

([Sahih At-Targheeb 3481](#), [Hisn al-Muslim 152](#))

27. Abu Sa'id Al-Khudri and Abu Hurairah (رضى الله عنهم) reported: The Messenger of Allah (صلى الله عليه وآله وسلم) said,

"If a person says: '*La ilaha illallahu wallahu Akbar* (There is no true god except Allah and Allah is Greatest)', his *Rubb* responds to him and affirms: '(Yes!) There is no true god except I, and I am the Greatest.' When he says: '*La ilaha illallahu Wahdahu la sharika Lahu* (There is no true god except Allah, the One, He has no partner).' Allah (سبحانه و تعالى) affirms: '(Yes!) There is no true god except I. I have no partner.' When he says: '*La ilaha illallahu Lahul mulku wa Lahul-hamdu* (the sovereignty belongs to Him and all the praise is due to Him).' He (سبحانه و تعالى) affirms: '(Yes!) There is no true god except I, Mine is the praise and to Me belongs the sovereignty.' When he says: '*La ilaha illallahu wa la hawla wa la quwwata illa Billah* (There is no true god except Allah, and there is no might and power but with Allah).' He (سبحانه و تعالى) affirms: '(Yes!) There is no true god except I, and there is no might and power but with Me.'"

The Messenger of Allah (صلى الله عليه وآله وسلم) added,

من قالها في مرضه ثم مات لم تطعمه النار

"He who recites this during his illness and dies, will not be touched by the Fire (Hell)."

([Riyad as-Salihin 909](#))

28. Ali (رضى الله عنه) narrated that the Prophet (صلى الله عليه وآله وسلم) said to him, "When you face any trouble recite

بسم الله الرحمن الرحيم ولا حول ولا قوة إلا بالله العلي العظيم

and by virtue of its blessings, Allah will ease the issues as He Wills."

([Amal Al-Yawm wal-Laylah p120](#))

29. `Ikrimah, the freed slave of Ibn `Abbas (رضى الله عنهم), narrated that: Ibn `Abbas said: "We were with the Messenger of Allah (صلى الله عليه وآله وسلم) when `Ali bin Abi Talib (رضى الله عنه) came to him, and he said: 'May my father and mother be ransomed for you! This Qur'an has suddenly left my heart, and I do not find myself capable of it.' So the Messenger of Allah (صلى الله عليه وآله وسلم) said to him: 'O Abul-Hasan! Should I not teach you words that Allah shall benefit you with, and benefit whomever you teach, and they will make whatever you have learned in your chest firm?' He said: 'Of course, O Messenger of Allah (صلى الله عليه وآله وسلم), so teach me.' He (صلى الله عليه وآله وسلم) said: 'When it is the night of (before) Friday, then if you are able to stand in the last third of the night, then verily it is a witnessed hour, and supplication is answered in it. And my brother Ya`qub (عليه السلام) did say to his sons: I shall seek forgiveness for you from my Lord. He said: "Until the night of Friday comes." So if you are not able, then stand in the

middle of it, and if you are not able then stand in the first of it. And pray four Rak`ah. Recite *Fatihatul-Kitab* (the Opening of the Book) and *Surat Ya-Sin* in the first Rak`ah, and *Fatihatul-Kitab* and *Ha-Mim Ad-Dukhan* in the second Rak`ah, and *Fatihatul-Kitab* and *Alif Lam Mim Tanzil As-Sajdah* in the third Rak`ah, and *Fatihatul-Kitab* and *Tabarak Al-Mufassal* in the fourth Rak`ah. So when you have finished with the *Tashahud*, then praise Allah and mention Allah's greatness in an excellent manner, and send Salat upon me - and be excellent in it - and upon the rest of the Prophets. And seek forgiveness for the believing men and the believing women, and for your brothers who have preceded you in faith. Then say in the end of that:

اللَّهُمَّ ارْحَمْنِي بِتَرْكِ الْمَعَاصِي أَبَدًا مَا أَبْقَيْتَنِي وَارْحَمْنِي أَنْ أَتَكَلَّفَ مَا لَا يَعْنِينِي وَارْزُقْنِي حُسْنَ النَّظَرِ فِيمَا يُرْضِيكَ عَنِّي اللَّهُمَّ بَدِيعَ السَّمَوَاتِ وَالْأَرْضِ ذَا الْجَلَالِ وَالْإِكْرَامِ وَالْعِزَّةِ الَّتِي لَا تُرَامُ أَسْأَلُكَ يَا اللَّهُ يَا رَحْمَنَ بَجَلَالِكَ وَنُورَ وَجْهِكَ أَنْ تُلْزِمَ قَلْبِي حِفْظَ كِتَابِكَ كَمَا عَلَّمْتَنِي وَارْزُقْنِي أَنْ أَتْلُوهُ عَلَى النَّحْوِ الَّذِي يُرْضِيكَ عَنِّي اللَّهُمَّ بَدِيعَ السَّمَوَاتِ وَالْأَرْضِ ذَا الْجَلَالِ وَالْإِكْرَامِ وَالْعِزَّةِ الَّتِي لَا تُرَامُ أَسْأَلُكَ يَا اللَّهُ يَا رَحْمَنَ بَجَلَالِكَ وَنُورَ وَجْهِكَ أَنْ تُثَوِّرَ بِكِتَابِكَ بَصْرِي وَأَنْ تُطَلِّقَ بِهِ لِسَانِي وَأَنْ تُفَرِّجَ بِهِ عَن قَلْبِي وَأَنْ تُشْرَحَ بِهِ صَدْرِي وَأَنْ تُغْسِلَ بِهِ بَدَنِي لِأَنَّهُ لَا يُعِينُنِي عَلَى الْحَقِّ غَيْرُكَ وَلَا يُؤْتِيهِ إِلَّا أَنْتَ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

*“O Allah, have mercy on me by abandonment of sins forever, so long as You keep me remaining. And have mercy on me from taking upon myself what does not concern me, and provide me good sight for what will make You pleased with me. O Allah, Originator of the heavens and the earth, Possessor of glory, and generosity, and honor that is not exceeded. I ask you, O Allah, O Rahman, by Your glory and the light of Your Face, to make my heart constant in remembering Your Book as You taught me, and grant me that I recite it in the manner that will make You pleased with me. O Allah, Originator of the heavens and the earth, Possessor of glory, and generosity, and honor that is not exceeded. I ask you, O Allah, O Rahman, by Your glory and the light of Your Face, to enlighten my sight with Your Book, and make my tongue free with it, and to relieve my heart with it, and to expand my chest with it, and to wash my body with it. For indeed, none aids me upon the truth other than You, and none gives it except You, and there is no might or power except by Allah, the High, the Magnificent.*

O Abul-Hasan (رضى الله عنه)! So do this three Fridays, or five, or seven, you will be answered - by the will of Allah - by the One Who sent me with the Truth, it has not failed a believer once.” `Abdullah bin `Abbas said: “So, by Allah, `Ali did not wait but five or seven until [`Ali] came to the Messenger of Allah (صلى الله عليه وآله وسلم) in a gathering similar to that and said: ‘O Messenger of Allah (صلى الله عليه وآله وسلم), indeed I was [a man] in the time that passed, who used to not take except four Ayat or about that much, so when I would recite them to myself they would suddenly depart from me, and today I learn forty Ayat or about that much, and when I recite them to myself, then it is as if the Book of Allah is before my eyes. I used to hear a Hadith and when I would repeat it, it would suddenly depart from me, and today I hear *Ahadith*, and when I report them, I do

not err in a single letter.’ So the Messenger of Allah (صلى الله عليه وآله وسلم) said at that point: ‘A believer, by the Lord of the Ka`bah, O Abul-Hasan.’”

([Jami` at-Tirmidhi 3570](#))

30. ‘Awf Ibn Maalik, the son of Maalik Ibn Abu Awf Ashjai (رضى الله عنهم) was once captured by the enemy troops during the time of the Prophet (صلى الله عليه وآله وسلم). When this news reached the parents of ‘Awf, they were saddened so much to the point that the mother of ‘Awf wept so much her husband went hopeless. At that point, his father then went to the Prophet (صلى الله عليه وآله وسلم) and told him: “My son has been captured.”

The Prophet (صلى الله عليه وآله وسلم) then advised them to repeatedly read,

لا حول ولا قوة الا بالله

*There is no power or capability except from Allah.*

With this repeated invocation and supplications, Allah (عز و جل) caused ‘Awf’s shackles to be broken in prison and as soon as ‘Awf was able to compose himself, he fled from the enemies.

On his way to his escape, he saw a female camel and rode away with it, and then many other camels of the enemies came following him. ‘Awf did not stop until he reached his home and when he reached, he called out to his family, on this very moment his father exclaimed after hearing his son’s voice saying: “By the Lord of the Ka`bah! This is my son ‘Awf!” And when his mother heard his voice, she shouted continuously saying: "Subhan`Allah! My son has escaped the clutches of the enemy!" But with their surprise it was not only ‘Awf that came but also many camels.

After ‘Awf was able to rest, his father went to the Prophet (صلى الله عليه وآله وسلم) and narrated what had happened. The Prophet (صلى الله عليه وآله وسلم) then said: "Treat these camels the way you treat your camels."

It is against the backdrop of this incident that the following Verses of the Noble Qur’an were revealed:

ومن يتق الله يجعل له مخرجا  
ويرزقه من حيث لا يحتسب ومن يتوكل على الله فهو حسبه

*And whoever fears Allah - He will make for him a way out.  
And will provide for him from where he does not expect. And whoever relies upon Allah -  
then He is sufficient for him. ([65:2-3](#))*

(At Targheeb wat-Tarheeb 2446, ‘Usdul Ghaba 37/5, Jami’ Al Uloom wal Hikam 1/493, Wal-Asaabah 4/617, Wal-Isti’ab, p586-587)

31. Imam Jafar as-Sadiq (عليه السلام) said,

من قال: لا حول ولا قوة إلا بالله مائة مرة في كل يوم لم يصبه فقر أبدا

*"Whoever recites 'There is no power nor strength except by Allah' 100 times a day, he will never be afflicted with poverty."*

([Bihar al-Anwar 90/191](#))

32. Imam Jafar as-Sadiq (عليه السلام) said, 'Whoever says,

مَا شَاءَ اللَّهُ كَانَ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

*"As Allah wills it happens. There are no means and no power without the help of Allah, the Most High, the Most Great,"*

one hundred times after the morning prayer, he will not suffer any hardships that day."

([Al-Kāfi Vol 2 Hadith 24](#))

33. Imam Jafar as-Sadiq (عليه السلام) said, 'Whoever says,

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

*'(I begin) in the name of Allah, the Beneficent, the Merciful. There are no means and no power without Allah, the Most High, the Most Great,'*

7 times after performing the *Fajr* and *Maghrib* prayers, he will be saved from insanity, leprosy and 70 other kinds of misfortune."

([Al-Kāfi Vol 2 Hadith 28](#))

34. Imam Ali ibn Abi Talib (عليه السلام) narrated that Rasulullah (صلى الله عليه وآله وسلم) said,

مَنْ أَنْعَمَ اللَّهُ تَعَالَى عَلَيْهِ نِعْمَةً فَلْيَحْمَدِ اللَّهَ تَعَالَى وَمَنْ اسْتَبْطَأَ [عَلَيْهِ] الرِّزْقَ فَلْيَسْتَغْفِرِ اللَّهَ  
وَمَنْ حَزَنَهُ أَمْرٌ فَلْيَقُلْ: لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*"Whomever the Allah has bestowed a blessing on should praise Allah the Sublime. Whoever receives his share of daily sustenance with hardship should ask Allah for forgiveness. Whoever is saddened by something should say, There is no power nor any strength save by Allah."*

([Uyūn akhbār al-Ridā Vol 2 Hadith 171](#))

35. Imam Jafar as-Sadiq (عليه السلام) said ‘Whoever says,

مَا شَاءَ اللَّهُ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

“As Allah wills, there are no means and no power without the help of Allah,”

70 times, seventy kinds of misfortunes will be diverted away from him, the least of which is *al-Khanq* (insanity).’

([Al-Kāfi Vol 2 Hadith 2](#))

36. Abu al-Hassan (عليه السلام) said, ‘When you perform your *Fajr* and *Maghrib* prayer and before stretching your leg or speaking to anyone say 100 times,

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

“*(I begin) in the name of Allah, the Beneficent, the Merciful. There are no means and no power without Allah, the Most High, the Most Great,*”

Allah will repel 100 kinds of misfortune, the least of which is leprosy, Satan and (unjust) rulers.”

([Al-Kāfi Vol 2 Hadith 29](#))

37. Imam Jafar as-Sadiq (عليه السلام) said: “Whoever says after the Morning and Sunset prayer 7 times,

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

‘*(I begin) in the name of Allah, the Beneficent, the Merciful. There are no means and no power without the help of Allah, the Most High, the Most Great,*’

Allah, the Most Majestic, the Most Holy, will repel 70 kinds of misfortunes of which the least is foul smells, leprosy and insanity, and if he is listed as an unfortunate one, his name will be deleted from such list to be written down with fortunate ones.”

([Al-Kāfi Vol 2 Hadith 25](#))

38. Imam Jafar as-Sadiq (عليه السلام) said: “When leaving out of your house say,

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ مَا خَرَجْتُ لَهُ  
وَأَعُوذُ بِكَ مِنْ شَرِّ مَا خَرَجْتُ لَهُ اللَّهُمَّ أَوْسِعْ عَلَيَّ مِنْ فَضْلِكَ وَأَتِمِّمْ عَلَيَّ نِعْمَتَكَ  
وَاسْتَعْمِلْنِي فِي طَاعَتِكَ وَاجْعَلْ رَغْبَتِي فِيمَا عِنْدَكَ وَتَوَقَّفْنِي عَلَى مِلَّتِكَ وَمِلَّةِ رَسُولِكَ (صَلَّى  
اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ)



*'In the name of Allah, I place my trust in Allah, and there are no means and no power without Allah. O Lord, I beg You for the best of that for which I have come out and I seek protection against the evil of that for which I have come out. O Lord, expand for me from Your generosity, complete for me Your bounties, apply me in Your obedience, grant me interested in what is with You and cause me to die in Your religion and the religion of Your Messenger, recipient of divine supreme covenant.'"*

([Al-Kāfi Vol 2 Hadith 5](#))

39. Imam Jafar as-Sadiq (عليه السلام) said: "Whoever says

مَا شَاءَ اللَّهُ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

at the end of his supplication, his wish would be fulfilled."

([Thawāb al-A'māl p36](#))

40. Imam Jafar as-Sadiq (عليه السلام) said to a man suffering from pain: 'Wipe with your hand on the painful area, then say,

بِسْمِ اللَّهِ وَاللَّهِ وَاللَّهِ وَمُحَمَّدٍ رَسُولِ اللَّهِ (صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ) وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ  
الْعَلِيِّ الْعَظِيمِ اللَّهُمَّ امْسَحْ عَنِّي مَا أَجِدُ

*'In the name of Allah, with (the help of) Allah, and through Muhammad the Messenger of Allah, there are no means and no power without Allah, the Most High, the Most Great, O Lord, remove and wipe away from me that which I feel,'*

then wipe the painful area with your right hand three times."

([Al-Kāfi Vol 2 Hadith 9](#))

41. Isma'il ibn 'Abd al-Khaliq said: "Once one of the companions of the Holy Prophet delayed and when he came, the Messenger of Allah (صلى الله عليه وآله وسلم) asked, 'What caused you to delay?' He replied, 'Illness and poverty.' He then said, 'Should I teach you a supplication with which Allah will remove illness and poverty from you?' He said, 'Yes, O the Messenger of Allah, please do so.' The Messenger of Allah (صلى الله عليه وآله وسلم) told him to say,

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ تَوَكَّلْتُ عَلَى الْحَيِّ الَّذِي لَا يَمُوتُ وَالْحَمْدُ لِلَّهِ الَّذِي لَمْ يَتَّخِذْ صَاحِبَةً وَلَا وُلْدًا وَلَمْ يَكُنْ لَهُ شَرِيكٌ فِي الْمُلْكِ وَلَمْ يَكُنْ لَهُ وَلِيٌّ مِنَ الذَّلِيلِ وَكَبَّرَهُ تَكْبِيرًا

*'There are no means and no power without Allah, the Most High, the Most Great, I place my trust before the living One Who does not die, all praise belongs to Allah Who has not taken anyone as His companion or a child, Who has no partner in His kingdom, and*

*there has never been any supporter for Him against humiliation, and speak of His greatness a great deal.' "*

The narrator has said that very shortly thereafter the man came to the Holy Prophet saying, 'O Messenger of Allah, He has removed from me illness and poverty.'

[\(Al-Kāfi Vol 2 Hadith 3\)](#)

42. Imam Jafar as-Sadiq (عليه السلام) narrated that Ali ibn al-Husayn (عليه السلام) would say, 'After saying these words, I will not be concerned at all even if all men and *Jinn* gather together against me:

بِسْمِ اللَّهِ وَبِاللَّهِ وَمِنَ اللَّهِ وَإِلَى اللَّهِ وَفِي سَبِيلِ اللَّهِ وَعَلَى مِلَّةِ رَسُولِ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ  
اللَّهُمَّ إِلَيْكَ أَسَلْتُ نَفْسِي وَإِلَيْكَ وَجْهْتُ وَجْهِي وَإِلَيْكَ أَلْجَأْتُ ظَهْرِي وَإِلَيْكَ فَوَّضْتُ أَمْرِي  
اللَّهُمَّ احْفَظْنِي بِحِفْظِ الْإِيمَانِ مِنْ بَيْنِ يَدَيَّ وَمِنْ خَلْفِي وَعَنْ يَمِينِي وَعَنْ شِمَالِي وَمِنْ فَوْقِي  
وَمِنْ تَحْتِي وَمِنْ قِبَلِي وَادْفَعْ عَنِّي بِحَوْلِكَ وَقُوَّتِكَ فَإِنَّهُ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*"In the name of Allah, with (assistance of) Allah, to Allah, in the way of Allah, and upon the religion of the Messenger of Allah, O Allah, grant al-Salat (favours) upon Muhammad and his family, O Allah, to You I have submitted my soul, to You I have turned my face, it is You whom I have sought for backup and in Your hands I have left my affairs, O Lord, protect me with the protection of belief from all directions, the front, back, right, left, above below and before me. Defend me by Your Means and Power; there are no means and no power without Allah.' "*

[\(Al-Kāfi Vol 2 Hadith 23\)](#)

43. Imam Jafar as-Sadiq (عليه السلام) said, "Allah, the Mighty and Sublime will remove 70 types of calamities from the one who says

لا حول ولا قوة الا بالله العلي العظيم

(100 times) the least of which is death due to suffocation (and sorrow)."

[\(Thawāb al-A'māl p212\)](#)

44. Imam Muhammad Baqir (عليه السلام) narrates that Shabih Hazali came to the Holy Prophet (صلى الله عليه وآله وسلم) and said, "O Messenger of Allah (صلى الله عليه وآله وسلم)! I have become old and there is not much strength left in my body to offer *Salah*, fast, go for *Hajj*, perform *Jihad* or do such deeds. O Messenger of Allah (صلى الله عليه وآله وسلم)! Tell me a deed through which Allah grants me goodness." The Holy Prophet (صلى الله عليه وآله وسلم) asked him to repeat his words twice. He repeated it thrice. The Prophet said: All the trees and earth surrounding you have cried on your state. Recite the following supplication 10 times after Morning Prayer:

سُبْحَانَ اللَّهِ الْعَظِيمِ وَ بِحَمْدِهِ وَ لَا حَوْلَ وَ لَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

and the Almighty Allah will keep you safe from blindness, insanity, leprosy, poverty and death by being buried under debris.” He asked, “O Messenger of Allah! All these were for this world. What about the hereafter?” The Holy Prophet (صلى الله عليه وآله وسلم) replied, “Recite the following supplication after prayers:

اللَّهُمَّ اهْدِنِي مِنْ عِنْدِكَ وَ أَفِضْ عَلَيَّ مِنْ فَضْلِكَ وَ انشُرْ عَلَيَّ مِنْ رَحْمَتِكَ وَ أَنْزِلْ عَلَيَّ مِنْ بَرَكَاتِكَ

Imam Ja'far Sadiq (عليه السلام) further narrates, “He held on to those deeds tightly.” The Holy Prophet (صلى الله عليه وآله وسلم) said, “If he appears on the Day of Judgment without leaving these actions purposely after every prayer Allah will open all eight doors of Paradise for him and he will be free to enter Paradise from whichever door he wishes.”

([Thawāb al-A'māl p209](#))

45. Imam Jafar as-Sadiq (عليه السلام) said, "Whoever says

لا حول ولا قوة إلا بالله

1000 times, Allah (سبحانه و تعالى) will grant him *Hajj*. If his death is near, Allah will delay his term until He grants him the pilgrimage.

([Bihar al-Anwar 90/191](#))

46. Ibn Abbas (عليه السلام) narrated that, “I saw Rasulullah (صلى الله عليه وآله وسلم) reciting,

لا حول ولا قوة إلا بالله العلي العظيم

and I said: Ya Rasulullah , what is its reward?” He said:

تسبيح حملة العرش، فمن قال مرة: لا حول ولا قوة إلا بالله غفر الله له ذنوب مائة سنة، وكتب له بكل حرف مائة حسنة، ورفع له مائة درجة، فان زاد على مرة واحدة فله بكل حرف كنز، ونور للصراف

*It is the Tasbeeh of the bearers of the Throne. Whoever says it once, Allah will forgive him the sins of a hundred years and for each letter a hundred good deeds are written for him and he is raised (in status) by hundred degrees. If he recites it more than once, he has a treasure for every letter and Noor on (the bridge of) Sirat.*

([Bihar al-Anwar 90/191](#))